



Employers' Association, Medical Mutual and the Greater Akron Chamber

BUILDING HEALTHY CULTURES TOGETHER

WHAT IS EA WELLNESS?

EA Wellness is a comprehensive wellness program offered by Medical Mutual and now partnered with the Greater Akron Chamber. You can utilize the resources that come with all three organizations to create a benefits package that will help you build a healthy culture and create a competitive advantage, while offering exclusive wellness incentives to your organization.

WHO IS ELIGIBLE?

- Employer groups who are Fully Insured 51-500 eligible (40 enrolled).
- All Medical Mutual insurance covered employees. Non-covered employees or covered spouses may have access for an additional fee.

WHAT IS INCLUDED?

EA Wellness offers a dedicated wellness consultant and the ability to customize your wellness program through the different core and enhanced components they provide. Your new wellness program can help you build a true culture of wellness that can lead to:

- Increased engagement
- Improved productivity
- Reduced absenteeism
- Lowered healthcare costs

In addition to the core components, you may customize your EA Wellness experience by adding up to 10 units of enhanced programming, including:

- Employee program meetings
- Portal training/computer clinics
- Health check events (biometric screenings)
- Wellness committee meetings
- EA Signature Offerings (on-site or virtual wellness workshops)
- EA Well 180 (weight management program)




Questions? Contact Sally Doud at Sally.Doud@theea.org. Or, contact your Medical Mutual account executive for additional information.



Employer Incentive Levels

REWARD LEVEL	INCENTIVE	REQUIREMENTS		
Level One	25% of One-Month Premium Holiday	<ul style="list-style-type: none"> 75% Participation in Health Check 75% Participation in the Health Assessment 40% Watch Preventive Care Education Video 		
Level Two	50% of One-Month Premium Holiday	<ul style="list-style-type: none"> Meet Level One 30% Pass 3 of 5 NIH Health Check Measures or show improvement Incurred Loss Ratio < 90% 	Biometric Factors	NIH Standards
			Blood Pressure	<120 and <80
Level Three	One-Month Premium Holiday	<ul style="list-style-type: none"> Meet Level Two 50% Pass 3 of 5 NIH Health Check Measures or show improvement Incurred Loss Ratio < 90% 	Waist to Height Ratio	<0.5
			HDL Cholesterol	>60
			Glucose	<100
			Triglycerides	<150

Employee Incentive Levels

REWARD LEVEL	INCENTIVE	REQUIREMENTS
	\$25 Gift Code (Employee only)	1,500 Points <ul style="list-style-type: none"> Health Assessment (500 Points) Health Check (500 Points) Watch Preventive Care Video (500 Points)
	\$25 Gift Code (Employee only)	2,000 Points <ul style="list-style-type: none"> Achieve Level Grow Complete Preventive Care Appointment*
	Chance to win additional rewards	2,500 Points <ul style="list-style-type: none"> Achieve Level Flourish Earn 500 additional points by participating in EA wellness portal courses, challenges, or EA-sponsored wellness culture activities

*Preventive Care Appointment includes: Annual Physical, Women's Well Check, Cervical Cancer Screening, Colonoscopy, Mammogram, or Prostate Cancer Screening